

# E Lesson Plan

Please note:  
materials contain  
allergens

## Sample lesson plan for school visit - 90 minutes

### Objectives:

by the end of the lesson pupils will have:

- experienced life of local people in Stuart times
- experienced the heritage and history of Croft Barn
- POS History Range:

Carry out investigations into the history around them and into the life of people at different times and places in the past.

- learnt some new Welsh and English words
- learnt about medieval bread making and diet
- developed a range of literacy and numeracy skills
- Literacy Skill: 6:OL1

Listen carefully to presentations and show understanding of the speakers' conclusions or opinions.

- Literacy Skill: 6:RA6

Considered whether a text is effective in conveying information and ideas

- Numeracy Skills:

KS2.1: transfer mathematical skills to a variety of contexts and everyday situations

KS2.5: Select and use suitable instruments and units of measurement

6M3a: Use the language of imperial units in daily use.

**Note:** this is geared to Key Stage 2, but can be simplified for children aged 8 years and extended with more science and exploration of history of the barn and Stuart times for 11-14 year olds.

## Timetable for a morning or afternoon session

- 0.00 Children arrive at Croft Barn
- (10 min) Children (standing at long tables) prepare for bread making and hear about C17 process, don aprons and gloves and write names on paper cases
- (10 mins) Demonstration of weighing, order of ingredients and timing (x 3)  
Mixing and dividing dough; weigh out portions for each child/adult
- (10 mins) Children knead and stretch dough and shape loaf.
- (10 mins) Place in named container for Loaves to prove; explanation of yeast / gluten and enzymes in bread rising.
- Small Group work
- (10 mins) A. Wordsearch on bread making process (literacy)
- (20 mins) B. Examine C16th clothing and status and life of Charles and Joan William, Steward of the Duchy of Lancaster
- (20 mins) C. Watch Augmented Reality (in English and Welsh) of C16th farmer and quiz

Refreshment break while loaves cook; take away at end of session.

### Additional Curriculum activities:

- Make a model of Croft Barn
- Answer questions on thrashing and grains (from AR)